

# Subject programme

1. Subject name / subject module: **Physical Education**
2. Lecture language: **English**
3. **The location of the subject in study plans:**
  - Area or areas of the studies: Computer Engineering and Mechatronics
  - Degree of the studies: **1<sup>st</sup> degree studies**
    - Field or fields (implementation of effects standard): **Mechatronics**
4. Supervision of subject implementation:
  - The Institute / Another unit: **Institute of Informatics and Mechatronics**
  - The person responsible for the subject: **Wiśniewski Filip, mgr**
  - People cooperating in the development of the programme of the subject:
5. The number of hours and forms of teaching for individual study system and the evaluation method

Mode of study	Teaching activities with the tutor																				Total ECTS				
	Form of classes																								
	SOW	ECTS	Workshop	SOW	ECTS	...	SOW	ECTS	...	SOW	ECTS	...	SOW	ECTS	...	SOW	ECTS	...	SOW	ECTS	...	SOW	ECTS		
Full-time studies			60		0																				
Part-time studies					0																				
Credit rigor	...			pass/fail grading																					

6. Student workload – ECTS credits balance  
*1 ECTS credit corresponds to 25-30 hours of student work needed to achieve the expected learning outcomes including the student's own work*

Activity (please specify relevant work for the subject)	Hourly student workload (full-time studies/part-time studies)
Participation in workshops	60/0
Independent study of the subject	0/0
Participation in an exam / graded assignment / final grading	0/0
Total student workload (TSW)	60/0
ECTS credits	0
* Student's workload related to practical forms	0/0
Student's workload in classes requiring direct participation of academic teachers	60/0

7. Implementation notes: recommended duration (semesters), recommended admission requirements, relations between the forms of classes:

None

Recommended duration of the subject is taken from the course plan.

8. Specific learning outcomes – knowledge, skills and social competence

Specific learning outcomes for the subject		Form	Teaching method	Methods for testing of (checking, assessing) learning outcomes
Outcome symbol	Outcome description			
<b>Skills</b>				
K_U21	Student is able to take care of the physical condition.	Workshop	inquiry methods,	Test; self-assessment, analysis, observation

9. Assessment rules / criteria for each form of education and individual grades

0% - 60%	ndst	81% - 90%	db
61% - 70%	dst	91% - 93%	db+

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71% - 80%	dst+	94% - 100%	bdb
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Activity	Grades	Calculation	To Final
Test on ONTE	bdb (5)	5*20%	1
Exercises	bdb (5)	5*60%	3
Attendance	bdb (5)	5*20%	1
Final score			5

10. The learning contents with the form of the class activities on which they are carried out

## Workshop

1. Team games;
2. General development classes with elements of basketball, volleyball, handball, football, floorball;
3. Fitness.

11. Required teaching aids

Workshop - a room adapted for conducting classes in the form of exercises / workshops.

12. Literature:

a. Basic literature:

- Żukow W. (red.) [et al.]: Education, tourism and health for people. Ośrodek Rekreacji, Sportu i Edukacji. Poznań, 2010.
- Muszkieta R.: Physical education teacher-evaluation of students' performance. Wydawnictwo "Wigo". Poznań, 2005.

b. Supplementary literature:

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c. Internet sources:

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13. Available educational materials divided into forms of class activities (Author's compilation of didactic materials, e-learning materials, etc.)

14. Teachers implementing particular forms of education

Form of education	Name and surname
1. Workshop classes	Wiśniewski Filip, mgr